

VAL AMBERG, CHRS

CERTIFIED HEALTHCARE REFORM SPECIALIST RETIRED PARTNER

ABOUT VAL

Val Amberg joined CDS in 1981. She graduated from Ridgewater College in Willmar, MN with a Associate of Arts degree from the Administrative Secretary Program. In 1995, Val transitioned to a Third Party Administrator and was admitted as Managing Partner of the Benefit Plan Administration division in 2002. She retired from the partnership in 2019, and continues to remain a trusted advisor to our clients. We are excited to have her expertise and knowledge with our firm in the years to come. Val received her Certified Healthcare Reform Specialist (CHRS) certification in 2013. She specializes in the administration of Retirement Plans, Flex Plans, Health Savings Accounts (HSAs), Health Reimbursement Arrangements (HRAs), Qualified Small Employer Health Reimbursement Arrangements (QSEHRAS), ACA Reporting, and HR Consulting.

SPECIALTIES

- » Retired Plan Administration
- Flex Plan Administration
- > Health Savings Account (HSA) Administration
- >> Health Reimbursement Arrangement (HRA) Administration
- » Qualified Small Employer Health Reimbursement Arrangement (QSHERA)
- » ACA Reporting

COMMUNITY INVOLVEMENT

- Steering Committee Member and Past Chair of the Willmar Area Women's Fund
- Certified Community Emergency Response Team (Cert)
 Member
- » Willmar Eagles Club #2334 Member

CONTACT

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